

Alcohol and Other Substances: Prevention, Education, Intervention, & Recovery

Tulane Family Programs Webinar - November 17, 2022



Tulane Recovery
Community

CAMPUS HEALTH



The Well for
Health Promotion

CAMPUS HEALTH



Office of
Student Conduct

TULANE UNIVERSITY

PANELISTS:

Jacob Goldberg, LCSW, LAC, CCS, Tulane Recovery Community, Campus Health

Chelsey Reid, MPH, Associate Director, The Well for Health Promotion, Campus Health

Christopher Zacharda, PhD, Director of Student Conduct, Student Resources and
Support Services

MODERATOR:

Penny Wyatt, Director, Family Programs and External Relations

Tulane Recovery Community (TRC)

- ▶ Jacob Goldberg
- ▶ MSW,LCSW,LAC,CCS
- ▶ Licensed Mental Health & Addiction Professional
- ▶ Recovery Community Manager

Contact

jgoldberg6@tulane.edu

Call/Text 225-202-6342



Tulane Recovery Community (TRC)

- ▶ Recovery Support Program
 - ▶ Weekly Peer support meetings
 - ▶ Monthly Social activities on and off campus
 - ▶ Recovery education
 - ▶ Early Interventions
 - ▶ BASICS
 - ▶ E-checkup ToGo
 - ▶ Resource connection
 - ▶ Future Recovery Housing
 - ▶ Future Community Center



Tulane Recovery Community

CAMPUS HEALTH



The Well for Health Promotion

CAMPUS HEALTH

*Providing health and well-being programming,
workshops, outreach, and communication on
relevant health topics.*

AOD Focus Area

Alcohol & Other Drugs

► Key Initiatives

- Destigmatizing Substance Use
 - ReWrite Stigma Art Installation
- Harm Reduction
 - Mocktail Programming
 - Smoking Cessation Kits
- Resource Awareness & Connection
- Basic AOD Health Information
 - Live Well @ TU Orientation



Campus Health

campushealth.tulane.edu

AOD Focus Area – FA22 Highlights

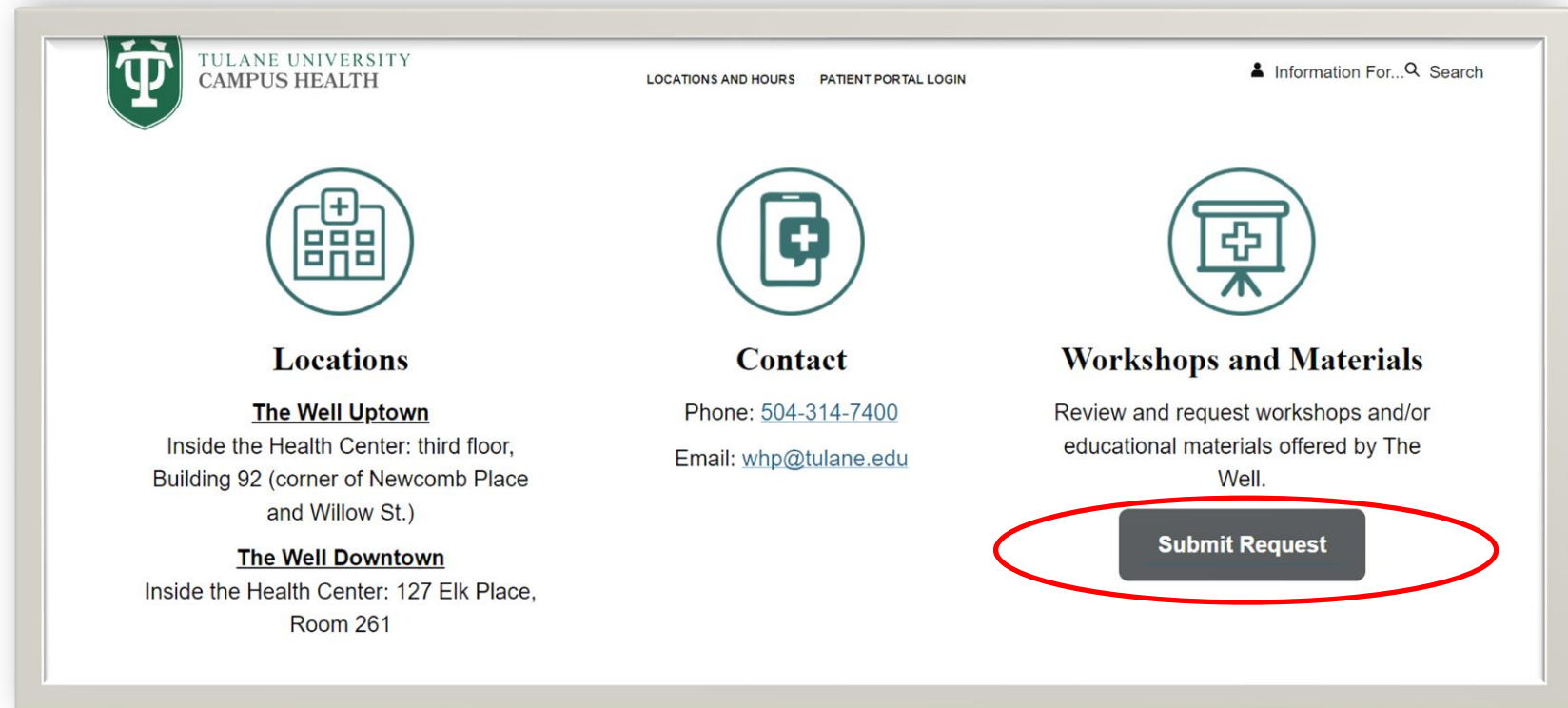
Alcohol & Other Drugs

► Highlights

- Resumed in-person educational workshops
(Continued offering virtual programs where desired)
- Introduced residence hall-based tabling adaptation of The Buzz, an educational program about potential impact of alcohol
- Began AOD Education series with Athletics – all student athletes to complete program by SP23
- TUPHES (Tulane University Peer Health Educators)
 - Taught 1,800 students Live Well (AOD program) during FA22 Orientation
 - Added 20 new peer health educators (53 total certified peer health educators)
 - Reached 271 students during fall workshops
 - Reached 624 educational interactions with Live Well Hut campaign (general health + wellness, including AOD education)

Reach out to request programs!

- ▶ We offer programs led by the TUPHEs (Tulane University Peer Health Educators) & professional staff!
- ▶ Reach out to let us know how we can support you!



The screenshot displays the Tulane University Campus Health website. At the top left is the Tulane University logo. To its right is the text "TULANE UNIVERSITY CAMPUS HEALTH". Further right are links for "LOCATIONS AND HOURS" and "PATIENT PORTAL LOGIN". At the top right is a search bar with the text "Information For..." and a magnifying glass icon. The main content area is divided into three columns. The first column, titled "Locations", features a building icon and lists two locations: "The Well Uptown" (Inside the Health Center: third floor, Building 92 (corner of Newcomb Place and Willow St.)) and "The Well Downtown" (Inside the Health Center: 127 Elk Place, Room 261). The second column, titled "Contact", features a smartphone icon and lists the phone number "504-314-7400" and email "whp@tulane.edu". The third column, titled "Workshops and Materials", features a presentation board icon and text stating "Review and request workshops and/or educational materials offered by The Well." Below this text is a dark grey button labeled "Submit Request", which is circled in red.

Locations

The Well Uptown
Inside the Health Center: third floor,
Building 92 (corner of Newcomb Place
and Willow St.)

The Well Downtown
Inside the Health Center: 127 Elk Place,
Room 261

Contact

Phone: [504-314-7400](tel:504-314-7400)
Email: whp@tulane.edu

Workshops and Materials

Review and request workshops and/or
educational materials offered by The
Well.

Submit Request

Campus Health

campushealth.tulane.edu



Office of Student Conduct

TULANE UNIVERSITY

The Office of Student Conduct manages all non-academic misconduct allegations that involve Tulane students.

The goal of the Student Conduct system is to educate students about appropriate behavior and decision-making, and to foster a safe and healthy community in which academic success can occur.

The Office of Student Conduct recognizes that college students (like all of us) make mistakes. Through the [conduct process](#), we hope to help students learn where they could have made different decisions and offer strategies for making better choices in the future.

Student Conduct Resources

Tulane University Code of Student Conduct

<https://conduct.tulane.edu/resources/code-student-conduct>

Overview of Student Conduct Process & Definition of Roles

<https://conduct.tulane.edu/conduct-process/overview-student-conduct-process-definition-roles>

Amnesty Provisions

<https://conduct.tulane.edu/content/amnesty-provisions>

Questions?

Resources related to answers to live webinar participants' questions:

Fraternity & Sorority Programs resources:

Potential New Member Education Series includes modules on Alcohol Education: My Choices, Our Legacy and Hazing Prevention: Tulane Hazing Prevention

Module <https://greek.tulane.edu/prospective-members>

Hazing Prevention - <https://greek.tulane.edu/hazing-prevention>

Information for Parents - <https://greek.tulane.edu/prospective-members/information-for-parents> - note that the tutorials linked on that website are from last year. Updated versions will be posted in December 2022.

Campus Health social media: Follow @tucampushealth on Facebook or Instagram to see health promotion messages and programming advertisements for students

Student Conduct - FERPA and Parental Notification policy - <https://conduct.tulane.edu/parents/ferpa-parental-notification-policy>

Tulane After Dark program schedule: <https://tulane.campuslabs.com/engage/events?query=Tulane%20After%20Dark>

Tulane Concerns report link: [Tulane.edu/concerns](https://tulane.edu/concerns)

June 2022 webinar in the Tulane Talks series: Alcohol and Drugs: Responsibility, Well-being, and Recovery – [video](#) and [slides](#)

[Tulane Parent Guide for Talking with Your Student About Alcohol](#) from Campus Health

Chelsey Reid also wanted to share recommendations and a resource regarding talking with a loved one who may be negatively impacted by substances and/or substance use disorder.

“As for my recommendation on soft skills, each person is different but I think it’s important to let folks know you love them no matter what they do or do not do, and that you’re a safe space for questions/support (even if it’s uncomfortable), practice active listening (what are they asking for support with vs. what kind of support you think they might need), and to be judgment free. All of that is easier written/said than done (it’s a practice), but most of the time if folks are moving with this intention, it’s a recipe for positive connection.

Here's a great tool kit from SAMHSA (Substance Abuse and Mental Health Services Administration): <https://www.samhsa.gov/families>.”

Panelists' Contact information:

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